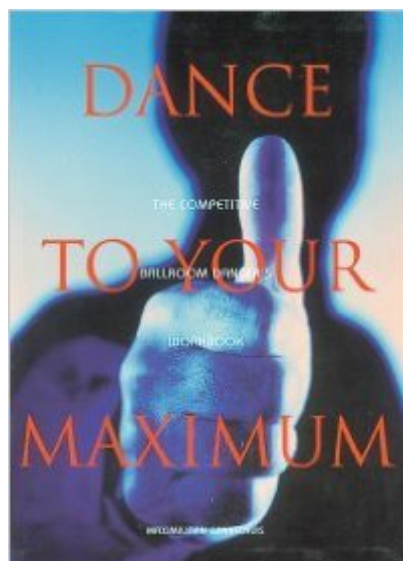


The book was found

# Dance To Your Maximum: The Competitive Ballroom Dancer's Workbook



## Synopsis

Book is divided into three sections: The Competition Day, The Season, The Dancer's Career.

## Book Information

Paperback

Publisher: Dance Plaza (2001)

ASIN: B0001842SU

Product Dimensions: 8.4 x 5.8 x 0.7 inches

Shipping Weight: 12.6 ounces

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (2 customer reviews)

Best Sellers Rank: #2,748,478 in Books (See Top 100 in Books) #55 in [Books > Arts &](#)

[Photography > Performing Arts > Dance > Ballroom](#) #207897 in [Books > Humor & Entertainment](#)

## Customer Reviews

It's a great workbook for the competitive dancer. Applies well researched principles. Goes into how to create good habits to reduce stress and how to plan to reach your best! Already reading his next book, which references this one. Worth the price as it's many coaching lessons at your fingertips!

I have not red this book yet but talked to coaches and dancers who red it. They all seemed to like it and highly recomended it. I was looking at to buy it but they don't have this in stock.. Unfortunate..

[Download to continue reading...](#)

Dance To Your Maximum: The Competitive Ballroom Dancer's Workbook Ballroom Dancing: The Complete Guide to Ballroom Dance Lessons, Ballroom Dance Wedding and More The Ballroom Dancer's Companion - Int'l Standard: A Study Guide & Notebook for Lovers of Ballroom Dance (Volume 3) The Ballroom Dancer's Companion - American Smooth: A Study Guide & Notebook for Lovers of Ballroom Dance (Volume 1) The Ballroom Dancer's Companion - International Latin: A Study Guide & Notebook for Lovers of Ballroom Dance (Volume 4) Ballroom!: Obsession and Passion inside the World of Competitive Dance Lap Dance: The Ultimate Guide to Being the Best Exotic Dancer (The Ultimate Exotic Dancer Package Book 4) The Ballroom Dancer's Companion - Social/Club Dances: A Study Guide & Notebook for Lovers of Social Dance (Volume 5) No B.S. Guide to Maximum Referrals and Customer Retention: The Ultimate No Holds Barred Plan to Securing New Customers and Maximum Profits Every Man's Survival Guide to Ballroom Dancing: Ace Your Wedding Dance and Keep Cool on a Cruise, at a Formal, and in Dance Classes Ballroom

Dancing: Get on the Floor with Four Classic Ballroom Dances - and Add a Touch of Flowmotion  
Magic The ULTIMATE Guide To Ballroom Dancing for Colleges and Universities: A Ballroom  
Dancers SECRET FORMULA Ballroom Dancing: Master The Art of Ballroom Dancing Ballroom  
Dancing: Proven Tips, Tools and Tactics To Ballroom Dancing The ULTIMATE Guide To Ballroom  
Dancing for Colleges and Universities: A Ballroom Dancers SECRET FORMULA To Prepare For  
ANY Competition, Get NOTICED On ... More Awards Than You Ever Thought Possible Dance  
Anecdotes: Stories from the Worlds of Ballet, Broadway, the Ballroom, and Modern Dance Let's  
Dance: The Complete Book and DVD of Ballroom Dance Instruction for Weddings, Parties, Fitness,  
and Fun GIRL'S BOOK OF BALLETT - Featuring: Beryl Grey on The Making of a Dancer - Gene  
Kelly on his great new dance film Invitation to the Dance Dancing Till Dawn: A Century of Exhibition  
Ballroom Dance (Contributions to the Study of Music and Dance) How to Dance: Learn How to Line  
Dance, Belly Dance, Ice Dance and More

[Dmca](#)